

Mental Health Provider Resource List

The providers on this list have either reached out to offer their services or have been recommended to us by youth. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact info@youthprideri.org

Contact	Insurance, Sliding Scale, Language	Population	Specialty/Interest
Mildred Bates, DSW, LICSW 100 Lafayette Street, Suite 301 Pawtucket, RI 02860 (401) 354-1979 (401) 952 6795	Blue Cross, Magellan, Pacificare, Value Options, Managed Health Network-Tricare, Multiplan, Calif/Life, Great West, United Health Sliding Scale \$60 and up	LGBQQ Trans Young Adults, Parents	Adoption, Couples, Grief/Loss, HIV+, Relationships, Trauma, Depression/ Anxiety
Kimberly Bennett, LICSW Clinical Supervisor, CCBS North American Family Institute (NAFI) (formerly Psychological Centers) 2227 Mineral Spring Avenue, Mailbox #4 N. Providence, RI 02911 (401) 474-3820 KimberlyBennett@nafi.com kimbennettlicsw@gmail.com	BCBS United Health Care Neighborhood Health Tufts Health Care Sliding Scale available	LGBQQ Trans Children, Adolescents, Young and Older Adults	Autism, Couples, Depression, HIV+, Intellectual Disabilities, Kink Friendly, Life Transitions, Substance Abuse, Trauma
Allison Bernier, LICSW The Providence Center 355 Prairie Avenue Providence, RI 02905 (401) 276-4163 (508) 642-3965	most insurances	LGBQQ Trans Children, Adolescents, Young Adults	
Heather Bonds-Harmon, LICSW 331 Waterman Street Providence, RI 02906 401-369-3911	BCBS United Health Harvard Pilgrim, Neighborhood Health Aetna Coventry Health Sliding Scale: \$50 for the uninsured or under insured	LGBQQ Trans Children, Adolescents & Young Adults (ages 24 and under) all ages	Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Anxiety and Mood Disorders

Frances Carpenter, MSW, LICSW fcarpentersw@gmail.com (401) 965-5862 203 South Main Street Providence, RI 02903	BCBS, CHP Sliding Scale based on income	LGBQQ Trans Young Adults (17+)	Identity Development in Young Adulthood, Coming Out, Family Therapy related to Coming Out, Grief/Loss, HIV+
Dr. Michael Crane, PsyD Providence Psychology Services 245 Waterman Street, Suite 202 Providence, RI 02906 (401) 273-3322 x 4	BCBS United Healthcare No Sliding Scale	LGBQQ Young Adults (18+)	Grief/Loss, Kink Friendly, Anxiety, Depression, Stress Reduction, Social Anxiety, Sleep Issues (insomnia)
Craig Crawford, LICSW 331 Broadway Providence, RI 02909 (401) 272-7130	BCBS Aetna Tufts United Healthcare United Behavioral Health Humana Cigna Sliding Scale, \$50 Minimum, limited slots	LGBQQ Trans Young Adults	Adoption, Couples, Families, Grief/Loss, HIV+, Substance Abuse, Trauma
Stacy Donn Cristo, LMHC Holistic Psychotherapy 354 Broadway Providence, RI 02909 (401) 781-3068 www.psychologytoday.com	BCBSRI United Health Tufts of RI Sliding Scale \$80-125	LGBQQ Trans Adolescents, Young Adults, Adults, Couples, Families	Grief/Loss, Trauma, Holistic Approach
Eugene M D'Andrea, PhD 1434 Warwick Avenue Warwick, RI 02888 (401) 461-4559	BCBC Neighborhood Health Tufts Tri-Care Sliding Scale Offered	LGBQQ Trans Children, Adolescents & Young Adults	Couples, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Trauma
John D. DaPonte 2024 Broad Street Cranston, RI 02905 (401) 383-7647	BCBS United Behavioral Health Tufts Neighborhood Health Harvard Pilgrim Sliding Scale, minimum of \$50	LGBQQ Trans Children, Adolescents & Young Adults	Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Substance Abuse, Learning Disabilities; IQ and Educational Assessment

Melissa DaSilva East Coast Mental Wellness 1 Richmond Square Providence, RI 02906 (401) 526-9024	No insurance \$100-150	LGBTQQ Trans Adolescents & adults	Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Coping Skills, Depression, Family Conflict, Marital and Premarital, Obsessive-Compulsive (OCD), Peer Relationships, Self Esteem
Lisa Goldman, LICSW (401) 272-1528	BCBS UBH Tufts Sliding Scale starting at \$25	LGBTQQ Adolescents & Young Adults	Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Substance Abuse, After School Times
Gabriele Hughes, PCNS 105 Sockanosett Cross Road Cranston, RI 02920 (401) 270-7565	BCBS United Health No Sliding Scale Speaks German	LGBTQQ Trans Young Adults, age 17+	Couples, Families, Relationships, Trauma
Naydeen Kafalas, LMHC 640 George Washington Highway Suite 103, #19 Lincoln, RI 02865 (401) 580-8452 naydeen21@gmail.com	BCBS Neighborhood Health United Healthcare Cigna Tufts Harvard Pilgrim Sliding Scale \$55-100	LGBTQQ Trans Children, Adolescents & Young Adults	Families, Trauma, Sexual Abuse Specialist, Anxiety, ADHD
Daphne Kalaidjian, LICSW Newport, RI (401) 578-4453	BCBS Tufts Neighborhood Health United Behavioral Health Sliding Scale \$75-110 Speaks Italian	LGBTQQ Trans Adolescents & Adults	Domestic Violence, Grief/Loss, Substance Abuse, Trauma
Jessica Kaplan, MSW, LICSW Child and Adolescent Psychotherapy 267 Main Street East Greenwich, RI 02818 (401) 203-4861	BCBS United Health Private Pay Sliding Scale \$100 first session, \$60-70 each session afterwards (individual or family)	LGBTQQ Trans Children, Adolescents & Young Adults	Adoption, Families, Grief/Loss, Intellectual Disabilities, Substance Abuse, Trauma

<p>Kelly K. Kennedy, LMHC 900 Reservoir Avenue, Suite 2 Cranston, RI 02910 (401) 864-3311 (401) 680-6050 kelly.adams@cox.net</p>	<p>BCBS United Health</p> <p>Sliding Scale dependent on income</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents, Young & Older Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Poly Relationships, Substance Abuse, Trauma</p>
<p>Jayna Klatzker, LICSW, ACSW 1 Richmond Square Providence, RI 02906 (401) 297-2021 Jaynaklatzker.com</p>	<p>BCBS First Health UBH Neighborhood Health</p> <p>Sliding Scale starting at \$65 based on income</p>	<p>LGBQQ Trans</p> <p>All ages over six years old</p>	<p>Families, Intellectual Disabilities, Kink Friendly, Poly Relationships, Learning Differences</p>
<p>Barbara Kremetz, LICSW, ATR 295 Governor Street Providence, RI 02906 (401) 484-1841</p>	<p>United Behavioral Health Coventry First Health (Brown University students) Gallagher Koster (RISD students) Blue Cross/Blue Shield</p> <p>Sliding Scale- 75-125</p>	<p>LGBQQ Trans</p> <p>Young Adults</p>	<p>Anxiety, Depression, Families, Grief/Loss, Poly Relationships, Emerging Adult Issues, Learning Differences, Asperger's, Art Therapy</p>
<p>Kiersten Marek, LICSW 390 Pontiac Avenue Cranston, RI 02910 (401) 744-8933</p>	<p>BCBS Neighborhood Health United Health</p> <p>Sliding Scale starting at \$35/hr</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents & Young Adults</p>	<p>Adoption, Domestic Violence, Families, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma</p>
<p>Wendy O'Connor, Psy.D East Greenwich Psychology 110 Main Street, Suite 204 East Greenwich, RI 02818 (401) 484-1220 wendy@drwendyoconnor.com www.drwendyoconnor.com</p>	<p>BCBS Consolidated Health</p> <p>No Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Adolescents & Adults</p>	<p>Couples, Families, Relationships, Depression & Anxiety</p>
<p>Michele D. Paliotta, LICSW 401-935-4094 2227 Mineral Spring Avenue Suite 203 North Providence, RI 02911</p> <p>120 Wayland Avenue, Suite 6 Providence, RI 02906</p>	<p>Blue Cross (most states) United Behavioral Health Neighborhood Health Cigna Coventry Health/First Health (Brown University)</p> <p>Sliding Scale--to be determined (priority given to the Transgender community)</p>	<p>LGBQQ Trans</p> <p>Adolescents (13-17), Young Adults (18-24), Adults</p>	<p>Gender Care, Anxiety, Depression, Trauma</p>

<p>Kenneth Patterson, LMHC 146 Anoka Avenue Barrington, RI 02806 (401) 489-7724</p>	<p>BCBS Beacon Cigna Harvard Health Neighborhood Health Tri-Care Tufts UBH</p> <p>Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents & Young Adults, Adults, Couples counseling, Christian counseling</p>	<p>Anxiety, Couples, Depression, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, PTSD, Substance Abuse, Trauma</p>
<p>Jessica Peipock, LICSW 17 Ashton Parkway Cumberland, RI 02864 (401) 632-3040 peipockje@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Healthcare Neighborhood Health</p> <p>Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents, & Adults</p>	<p>Anxiety, Depression, Families, Pregnancy, Post-Partum, Trauma</p>
<p>Kim Perry, MSW, LICSW 1681 Cranston Street Cranston, RI 02920 (401) 497-0587</p>	<p>BCBS Neighborhood Health United Health</p> <p>No Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents, & Young Adults</p>	<p>Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>
<p>Christine Pastore Rhodes, MSW, LICSW Private Psychotherapy Practice One Richmond Square, Suite 223W 331 Waterman Avenue Providence, RI 02906 (401) 285-6254</p>	<p>BCBSRI Value Options Optum UBH United HealthCare First Health CHP</p> <p>Sliding scale \$60-100 (limited number of slots)payments must be made at time of visit</p>	<p>LGBQQ Trans Adolescents, Young Adults & Adults</p>	<p>Families, Grief/Loss, HIV+, Trauma, Substance Abuse, Anger Management</p>

<p>Kelly Richman, LICSW 17 Ashton Parkway Cumberland, RI 02864 (401) 578-8495 Richmankr@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Health Neighborhood Health</p> <p>Sliding Scale starts at \$50</p>	<p>LGBQQ Trans</p> <p>Children, Adolescents & Young Adults</p>	<p>Adoption, Autism, Families, Grief/Loss, Anxiety/Depression</p>
<p>Lisa M. Rocchio, PhD & Associates, Inc. 1524 Atwood Avenue, Suite 222 Johnston, RI 02919 (401) 751-5880 www.rocchioassociates.com</p>	<p>BCBS United Health Tufts Medical Medicare Neighborhood Health Plan</p> <p>No Sliding Scale</p>	<p>LGBQQ</p> <p>Children, Adolescents, & Young Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, Substance Abuse, Trauma</p>
<p>Cynthia Rosengard, PhD Licensed Clinical Psychologist 295 Angell Street Providence, RI 02906 (401) 305-0364 crosengardphd@gmail.com</p>	<p>BCBS United Health Beacon Behavioral Health (Neighborhood Health Plan) First Health Harvard Community Health Cigna</p> <p>Sliding Scale \$75-125</p>	<p>LGBQQ Trans</p> <p>Young Adults</p>	<p>Couples, Grief/Loss, Trauma</p>
<p>Linda J. Sable, LICSW 265 Atwells Avenue Providence, RI 02903 (401) 351-8510</p>	<p>BCBS United Behavioral Health Neighborhood Health Aetna Magellan</p> <p>Sliding Scale</p>	<p>LGBQQ Trans</p> <p>Adolescents & Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>
<p>Megan Sanderson, MSW, LICSW 1255 Oaklawn Avenue Cranston, RI 02905 (401) 286-5068</p>	<p>BCBS Neighborhood Health RiteCare United Health Care</p> <p>Sliding Scale starting at \$70</p>	<p>LGBQQ Trans</p> <p>Adolescents & Adults</p>	<p>Families, Grief/Loss, Substance Abuse, Trauma, anxiety and depression, ADHD</p>

Dr. Judy Scarfpin 688 Frenchtown Road East Greenwich, RI 02818 (401) 885-6772	No Insurance Sliding Scale	LGBQQ Trans Young Adults (18-24) & Adults	Couples, Families, Grief/Loss, Substance Abuse, Trauma, Verbally abuse & controlling relationships
Eliza Sher, LICSW East Side Psychotherapy, Inc. 295 Governor Street Providence, RI 02906 (401) 263-2272	BCBS United Health Neighborhood Health Consolidated Health Plans Tufts Sliding Scale \$65-150	LGBQQ Trans Adolescents & Adults	Adoption, Couples, Grief/Loss, Kink Friendly, Trauma
Kathy Swink, LMHC 1980 Ministerial Road Wakefield, RI 02879 (401) 783-0960	Most insurance except Medicare Medicaid Sliding Scale based on income	LGBQQ Trans Young Adults	Adoption, Anxiety, Couples, Depression, Domestic Violence, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, Trauma
Whitney Q. Thompson, MSMFT 341 Broadway Providence, RI 02906 (401) 277-9993 www.thepointatwhich.com	Not paneled by insurance companies but able to provide receipts for out of network reimbursement 60-90\$ trust based sliding scale	LGBQQ Trans Children, Adolescents, Young Adults	Adoption, Couples, Families, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma
Kath Whelan, LMHC, LMT 347 Broadway Providence, RI 02909 (401) 323-5112	Blue CrossUnited HealthBeacon Sliding Scale \$55-\$85	LGBQQ Trans Adolescents (13-17), Young Adults (18-24)	Couples, Domestic Violence, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, sex therapy
David Yuells, LICSW Accessible 37 Baldston Avenue Pawtucket, RI 02861 (401) 527-6495 (401) 724-4639 (f) ri37dy@yahoo.com	Busline All insurances except Medicaid Sliding Scale based on income	LGBQQ Trans Children, Adolescents, & Young Adults Home Visits	Adoption, Couples, Domestic Violence, Families, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Loss, Transgender